



SPRING 2024



EAST MIDLANDS NETBALL NEWSLETTER

REGIONAL NEWS

We have our regional One Awards, Annual General Meeting and several netball events coming up soon! We are also looking for new regional volunteers...

READ MORE ON
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END OF THE SEASON

Our 23-24 season is coming to an end! From Regional League, Regional Clubs, our qualifying tournaments and Premier League. Take a look at our standings...

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HERE IF
YOU NEED!

See our FAQs
for all your
netball
queries...



NETBALLHER IS
HERE TO RAISE
THE BAR FOR OUR
NETBALL FAMILY

LEARN MORE
HERE

facebook.com/NetballinEastMids

@netballineastmidlands

@NetballEastMids

EastMidlandsNetball.co.uk



NETBALL
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REGIONAL

ONE AWARDS 2024



Thank you to all those that have nominated our amazing netball volunteers for our East Midlands One Awards so far!

The ONE Awards event spotlights the amazing people who volunteer and make netball happen, through varying roles like officiating, coaching, administration, supporting school netball activity, clubs and local leagues.

Nominations will close on 15 May so please get your nominations in!

Save the Date 7th July at Radisson Blu, East Midlands Airport

CATEGORIES OPEN FOR NOMINATIONS:

- Coach of the Year – Children & Young People
- Coach of the Year - Adults
- Community Official of the Year (in honour of Sheelagh Redpath)
- Outstanding Contribution of the Year (in memory of Mary Bulloch)
- Pioneer of the Year (in memory of Muriel McNally)
- Unsung Hero of the Year (in a Club or League)
- Club of the Year
- Young Volunteer of the Year
- Teacher of the Year
- Inclusion Award
- East Midlands Jean Bourne Back to Netball Award
- East Midlands Jean Perkins Walking Netball Award
- East Midlands Jean Staley Award
- East Midlands Long Service Award



NOMINATE NOW!



NETBALL
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REGIONAL

ANNUAL GENERAL MEETING 2024

IMPORTANT ANNOUNCEMENT

**East Midlands Netball
Annual General Meeting 2024**

to be held on
Thursday 27th June 7pm

Via Zoom (registration required)

Check your emails for details
Queries to
EastMidlands@EnglandNetball.co.uk



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[READ MORE HERE!](#)



NETBALL
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COMPETITIONS

REGIONAL LEAGUE 2023-24 REGIONAL RESULTS REGIONAL LEAGUE



Division 1

- 1 Bridgford
- 2 TFC Leicester
- 3 Charnwood Rutland 1
- 4 Hinckley Hurricanes
- 5 Northants Storm
- 6 Lincoln City 1
- 7 Southgate
- 8 Grasshopper 1



Division 2

- 1 Nottinghamshire Sirens
- 2 Cliftonettes Scarlet
- 3 Hucknall Town Hornets
- 4 Nottingham City
- 5 TFC Leicester Too
- 6 Falcons Yellow
- 7 Grasshopper 2
- 8 Cliftonettes Navy



Division 3

- 1 Ashby Giants
- 2 Northants Storm 2
- 3 Charnwood Rutland 2
- 4 Sleaford Barge Hawks
- 5 Ashby Titans
- 6 Lincoln City 2
- 7 Northants JMs
- 8 Brigg & District Impacts



Under 16

- 1 Charnwood Rutland
- 2 Lincoln City
- 3 Allestree
- 4 Nottingham City
- 5 Louth
- 6 Northants Storm
- 7 Ashbourne
- 8 Stamford & Rutland



Under 14

- 1 Lincoln City
- 2 Charnwood Rutland
- 3 Nottingham City
- 4 Stamford Rutland
- 5 Cliftonettes Red
- 6 Northants Storm
- 7 Bingham Blue
- 8 Ripley



NETBALL
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COMPETITIONS

NATIONAL PREMIER LEAGUE



The final league positions
Charnwood - 7th in Division 1
Northants Storm - 3rd in Division 3



REGIONAL QUALIFYING TOURNAMENT



Ten teams entered the Regional League Qualifying Tournament at Loughborough University. A highly contested tournament that saw the qualifiers not decided until the final round.

Congratulations to Hawks and Derby Roses who have gained places in Division 3 for the 2024-25 season.

U14 REGIONAL CLUBS



Congratulations to U14 Regional Tournament **Winners Lincoln City and Runners up Charnwood Rutland**. Both teams go on to represent the East Midlands at the National U14 Clubs Finals on 25th and 26th May at EIS Sheffield.

U16 REGIONAL CLUBS



Congratulations to Lincoln City and Nottingham City on finishing winners and runners up at the Regional U16 tournament today. They went on to represent the region at the National U16 Clubs Finals coming in 17th and 18th respectively. Well done on a tough competition!



It was great to see so many clubs celebrating International Women's Day with us this year!

NET & NATTER INTERNATIONAL WOMEN'S DAY 2024

International Women's Day saw three walking netball groups from the South of Northamptonshire. Brackley, Towcester and the hosting group Daventry came together for their first 'Net & Natter' event. Over 55 Women and Men took to court in a mixture of scoring and non scoring matches, a fundraising raffle for Dementia UK, as well as making friendships talking all things netball and beyond the court. The hosts shared ideas for warm up and drills, whilst the members from Daventry provided an array of fruit platters, cakes and nibbles as well as a goal old cuppa and a chat. Everyone Active – Daventry Leisure Centre kindly donated all the session fees, as well as the funds raised from the raffle, a total of £251.50 was donated to Dementia UK.

Kelly Thomson – England Netball Development Officer for Northamptonshire said ' This was an amazing event hosted by Jeanie and the players / volunteers from Daventry, I suggested the idea to bring the groups closer together as often not everyone is comfortable playing in a competitive festival. The no scoring matches were a success and to be a part of the #InspireInclusion International Women's Day it allowed us to showcase our walking netball sessions and the amazing work our walking netballers do. A huge thank you Daventry Leisure Centre for their support and donations, and to the players & volunteers for hosting an amazing morning of fun, friendships, food and netball!'





NETBALL
EAST
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EVENTS

NETBALL YOUTH CAMPS



The first Leicestershire NYC of the year was a great success, taking place at Greetham Community Centre. Despite the rain, we lucked out with some sunshine in the afternoon. The morning was all about developing our fundamental skills, we looked at attack, defence and working as a team effectively, encouraging communication and problem solving. We had plenty of entertainment during a lunchtime Easter/Netball quiz that had us rolling around laughing with some of the answers; who knew that cuckoos deliver Easter Eggs in Switzerland! The afternoon heated up as we hit the courts for a fun mini tournament to put our new skills to the test. From start to finish, everyone worked so hard, leaving with big smiles and shiny certificates to show off their awesome achievements.

COUNTY AND NPL TRIALS COMING SOON!

County Trial dates for under 13 and under 15 have started to be announced by each of the County Netball Associations. We will continue updating our website [here](#) where you can find out more information. Some are still due to release the information, including Loughborough Lightning's NPL trials dates. More information may also be found on the respective county social media pages.





**NETBALL
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MIDLANDS**

EVENTS

UPCOMING EVENTS
Click the poster for more information!

JUNIORS

**UNDER 11
NETBALL
FESTIVAL**

Join us too celebrate the refurbishment of the netball courts at Bourne Youth Centre

£35 PER TEAM

Saturday May 18th
10am till 2pm

1 Hub Bourne
Queens Road Bourne PE10 9DX

Scan here to book your place

Teams of 7,8 or 9 players.
Bring your own umpire

Contact
louise.key@englandnetball.co.uk
Call text 07545 924994

Netball Youth Camp

- Match play
- Team building
- Learn new skills
- Discount for EN members
- Great opportunity to socialise

FUN FOR ALL

Carnarvon Primary School
Nursery Road
Bingham, Notts
NG13 8EH

Cost:
£35 EN Members
£40 Non Members

Time: 10am till 3pm
Friday 31st May
School yrs 4/5/6

Contact Claire.bowen@englandnetball.co.uk

Special Offer
if booked before 22nd May
£25

NYC
NETBALL YOUTH CAMP

Book online -<https://engage.englandnetball.co.uk/sessionfinder>

WALKING NETBALL

Walking Netball Festival

Saturday 22 June 2024
10am till 2pm

Cost £70 per team

Hammond Hall Sports Centre
35 Lincoln Road
Bassingham
Lincs LN59HQ

EN ENGLAND NETBALL

**U16, U14, U12
NETBALL
TOURNAMENT**

Saturday 8th June 2024
9.00am - 4.00pm

Nottingham Emmanuel School, West Bridgford, NG2 7YF - Outside courts

ENTRY DEADLINE : 14th MAY
SCAN THE QR CODE TO ENTER A TEAM

Teams must provide own qualified umpires. For further information contact Claire

claire.bowen@englandnetball.co.uk

£65 per Team

REGIONAL

Have you entered the Under 12 Clubs Competition yet?

Closing 12th May



NETBALL
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COACHING

WE ARE RECRUITING



COACHING TSG CHAIR

- Could you support new and developing coaches in the region?
- Could you lead a group of county coaching leads?
- Do you have knowledge of the Performance Pathway and England Netball's coaching structure?

ROLE OF COACHING TSG

- To promote, grow and develop a fit-for-purpose coaching workforce within the East Midlands
- To facilitate coherent and consistent development opportunities for coaches within the counties & region

SKILLS

- Ability to chair a meeting and take notes
- Forward thinking, objective, flexible

HOW TO APPLY

Send your application to

eastmidlands@englandnetball.co.uk



See more information and form at
eastmidlandsnetball.co.uk/current-vacancies.html



NETBALL
EAST
MIDLANDS

OFFICIATING



NORTHANTS 2ND ANNUAL OFFICIATING DAY

SATURDAY 22ND JUNE 2024

9-1.30PM

OUNDLE SCHOOL SPORTS CENTRE - SPORTSHALL

MILTON ROAD, OUNDLE, PE8 4AB

FREE GIFT
FOR THE
FIRST 25 SIGN
UPS

£15PP- TO EN & NCNA MEMBERS
£20PP - OUTSIDE OF NORTHANTS & NON EN MEMBERS

*MUST HAVE 2023/2024 EN MEMBERSHIP

Your chance to upskill, learn, gain practical experience and support with the new and updated rule changes starting September 2024.

This day is for umpires, those new to umpiring, players, volunteers, clubs, teams, coaches, teachers and anyone who would like to join us for an action packed day



NEW RULES, UPDATED CHANGES
THEORY & PRACTICAL



VIRTUAL Q & A
WITH GARY BURGESS
HEAD OF OFFICIATING
ENGLAND NETBALL



GUEST SPEAKERS:
JO STEPHENSON
PAM WEATHERBY
ROBIN ROGERS



SUN 23RD JUNE
NEW RULES TOURNAMENT
PRACTICE & MENTORING @
OUNDLE SCHOOL SPORTS CENTRE

For more information contact:
County Officiating Lead: Debbie Edwards
Email: ncnacol@hotmail.com

SIGN UP DEADLINE:
FRIDAY 7TH JUNE 2024



Congratulations to Ellie
Robinson for achieving her A
Award,
and Celine Li and Alison Davies
for achieving their B Award!

REVAMPED DERBYSHIRE NETBALL SOCIAL CHANNELS!

Get ready to stay connected with the newly revamped Derbyshire Netball social channels! We're thrilled to announce that our Instagram page, Facebook page, and Facebook group are designed to bring our netball community closer together.

Whether you're a player, coach, parent, supporter, or just a netball fan, there's something for everyone on our social channels. So don't miss out – follow, like, and join us today!



DERBYSHIRE PLAYER TALENT PROGRAMME

To develop young athletes who were not selected (but came close) for the Derbyshire Player Development Programme (DPDP) several club coaches from the County wished to run and support a Talent Programme to give U13s and some U15s the opportunity to progress.

Thank you to all the volunteers involved in delivering the Programme including Paul Hardy and Amanda Mole (Allestree NC), Julie Malinski and Wendy Bailey (LEJNC), Cheryl Naylor, Katie Carlin and Jess Owen (Ripley NC), Laura Bailey (ex DPDP coach) Margaret Warren (Derbyshire U13 Coach and Burton Junior Coach), Stacey Jones, Mary Yardley, and Cherise Naylor (fitness and strength and conditioning coach).

The cooperation, collaboration and positive energies of the participating coaches and players has engendered a growing support, respect and communication between Derbyshire's Junior Clubs.

SWADLINCOTE TAKE ON CHARITY CHALLENGE

By Sarah Roache

Swadlincote Netball Club have had a busy quarter ! We took part in an Easter Egg Collection challenge for Love4Life Charity this Easter. We collected almost 200 chocolate eggs and donated them to the charity.

Love4Life supports vulnerable girls aged 11-18 in Leicester, Derby, and North Leicestershire to develop their self-esteem and form positive and empowering relationships.

We received the below from the charity :

"It's a HUGE donation! Thank you to everyone who donated, shared or persuaded others to donate. The girls we work with have very low confidence and self esteem and don't believe in their own worth. To you it may be an egg to them it's external proof that someone believes in them, and that starts to trickle through 💜👏👏xxx"

We also received £400 from Asda Community Grants which will go towards first aid equipment and training within our club.

We have received a substantial grant from Toyota Manufacturing which will be spent on new dresses and kit and includes a brand update to our logos following our 10-year anniversary!

Exciting times at SNC!



GRIMSBY AND DISTRICT SENIOR NETBALL CREATE INCLUSIVE NETBALL SESSIONS

By Vicky Smith



Over the last few months Grimsby & District Senior Netball League have been working hard to set up new inclusive netball sessions to ensure we are building a community where netball can thrive for everyone.

We have recently started working with one of our local charity Foresight to develop a needs based netball coaching sessions locally. At Foresight, they are a dedicated organisation committed to meeting the needs and requirements of disabled individuals, their families, and carers in North and North East Lincolnshire. Their mission is to provide the way forward for the disabled community, empowering individuals to a new beginning, a brighter future, and a full and enjoyable life.

We have held individual Diversity and Belonging coached sessions by our level 2 coach Julie Klug, with members of the committee Tracy Barford and members of our league members Rachel Jones to develop skills of catching, throwing, movement and basic footwork rules. The teams of players have thoroughly enjoyed the session and the charity would like to undertake this now on a weekly basis.

But we haven't stopped there, within our Netball Now sessions we encourage men to participate and the numbers are starting to grow. We are due to hold our annual Kristal Jackson Mixed Memorial Tournament (in memory of our league player who tragically lost her life to cancer at a very young age). This tournament is now in its 3rd year and we encourage men with ladies to come and play for a full day Mixed Netball Tournament which is well supported by local businesses. If you are interested in joining us please email tournaments@grimsbynetball.com

PLAYERS NETBALL CLUB WIN AT SATURDAY NIGHT TAKEAWAY!



We had the most incredible time in London! We were lucky to be invited to be part of the audience for Ant and Dec's first episode of their 20th series of Saturday Night Takeaway in recognition of our fundraising efforts through charity netball tournaments over the last 10 years! We were surprised with winning a holiday!!

This year's 10th annual charity tournament in aid of Forever Stars was unfortunately cut short after 6 rounds due to the rain! We cannot thank everyone enough for still showing up, trying to play, knowing what they were in for, embracing the situation with patience and understanding and still supporting us. It's such a shame it wasn't quite the day we hoped, but despite the weather, we've no doubt we have still managed to raise lots of money for an incredible charity and we can't wait to find out the grand total!



40 YEARS AT GRASSHOPPER NETBALL CLUB!



On the back of being presented with her surprise East Midlands 'Lifetime Achievement' award at the ONE Awards last summer, Andy Scigliano also celebrated another milestone recently: 40 years with Grasshopper Netball Club in Leicestershire – one of the oldest clubs in the county.

Andy moved from Lancashire to Leicestershire in 1983, in order to get married and her first taste of Leicestershire netball was to attend an LCNA organised 'Open Night' at St Matthews sports hall in Leicester. She was made to feel immediately at home by the Leicestershire netball family and joined Grasshopper Netball Club (GNC) that night. Jane Callis (an ex-EM regional player) was very instrumental in Andy making that decision and she's never looked back.

During her time at GNC, Andy has constantly developed her netballing skills and knowledge; she is a C Award umpire, L2 Coach and she has been the Club Chairperson for years, but has recently moved across to the Club President role. She is also one of the Club's Safeguarding Officers, a Mental Health First Aider and was the Club's Youth Coach for many years. She has recently introduced BEE Netball into the Club and holds regular 1-hour sessions in Leicester on the first Saturday every month and still helps the two regional teams out with the Table Official role in the EM Regional Netball League, when she can.

In order to celebrate the event and show her appreciation to everyone for the happy times she has enjoyed at the Club, Andy invited former and current Club members to a 'casually themed' event at her home, where she provided food and drinks. At the event, Andy was presented with a lovely engraved, cut glass crystal vase by the current Chairperson, Kathy Cox. She also received a beautiful bouquet of flowers to put in it.

As part of her thanks to the Club for the happy times she's enjoyed there, Andy decided to pay everyone's first game match fees at the start of the new season and gave each of the 5 adult teams a bag of chocolates to share for half time – to give them some energy!

Netball does provide us with another family and this has been especially true for Andy at Grasshopper Netball Club.



NETBALL
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LIGHTNING

NETBALL PERFORMANCE LEAGUE 2023/24



Lightning's Academy players showed outstanding performances, making the academy the most successful in the country! Congratulations!

U21 - Winners
U19 - Third
U17 - Runners Up





NETBALL
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MIDLANDS

LIGHTNING

UPCOMING EVENTS WITH LIGHTNING

LOUGHBOROUGH LIGHTNING

**MIXED NETBALL
TOURNAMENT**

9TH OF JUNE 2024
FULL DAY OF NETBALL
AGE 16+
£150 PER TEAM
SIR DAVID WALLACE - LOUGHBOROUGH UNIVERSITY

CONTACT F.MADELEY@LBORO.AC.UK

LOUGHBOROUGH LIGHTNING
CAMPS

MAY HALF TERM

28TH MAY	9AM-1PM	(SCHOOL YRS 3-6)
28TH MAY	10AM-4PM	(SCHOOL YEARS 7-9)
30TH MAY	10AM-4PM	(SCHOOL YEARS 6-9)

INCLUDES A FREE CHILDS TICKET TO AN NSL GAME

SEE WEBSITE FOR MORE INFORMATION OR TO BOOK

LOUGHBOROUGH LIGHTNING

**SENIOR NETBALL
TOURNAMENT**

16TH OF JUNE 2024
FULL DAY OF NETBALL
AGE 16+
£100 PER TEAM
SIR DAVID WALLACE, LOUGHBOROUGH UNIVERSITY

FOR MORE INFORMATION CONTACT:
LIGHTNING.NETBALL@MAILBOX.LBORO.AC.UK

Meet the Team...!!!



**EAST
MIDLANDS**



Donna Palmer

Partnerships & Delivery Manager
EastMidlands@englandnetball.co.uk



@NetballEastMids



@NetballinEastMids



@netballineastmidlands



Eleanor Udall

East Midlands Regional Officer
Eastmidlands@englandnetball.co.uk



07909251288



07545924994



@LincsNetball



@lincolnshirennetball

Louise Key

EM Team Leader & NDO Lincolnshire
Louise.Key@englandnetball.co.uk

Mon/Tues/Wed to 2pm/Thurs

www.lincolnshirennetball.co.uk



Megan Sayers

NDO Leicestershire & Rutland
Megan.Sayers@englandnetball.co.uk

Mon-Thurs 10am-3pm

www.lcna.co.uk



07540 126816



@Leics_Netball



@lcna.netball (County Page)



@Ndo Leicestershire England Netball

Claire Bowen

NDO Derbyshire & Nottinghamshire
Claire.Bowen@englandnetball.co.uk



07551578361



@NDODerbyNotts



@ndo.derbyshirenottinghamshire



@netballinderbyshire_notts



Kelly Thomson

NDO Northamptonshire
Kelly.Thomson@englandnetball.co.uk

Mon/Tues/Thurs



07545924954



@NhantsNetball



@netballinnorthants



07872407215



@B2NDerbyNotts



@backtonetball.nottingham



@backtonetballnottingham

Ruth Pickthorn

NDCC Nottingham
Ruth.Pickthorn@englandnetball.co.uk



eastmidlandsnetball.co.uk